



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -
Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

Be faithful in everything: faithful in observances, faithful in the vows, faithful in work, in duties of your vocation, in your striving, faithful in everything.

Family Vocation Prayer

Loving God,
each member of our family
is a special gift from You.

You have given us gifts and talents
so that we may enjoy life but also,
so we can share with others.

Generous and loving people
are needed for service
and leadership in our Church.

Help us to know how to encourage
and support each other so that
we can respond generously
to this need.

We know that You will be with us,
invite us to become the kind of
people You desire us to be.

Help us to trust in You and to each other.
Amen.



Mary, Mother of Jesus, a symbol of faith, love & devotion

Happy Mother's Day

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

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Parish

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(catholicparishpittwater)

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil 4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month 11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, Healing Mass/ Anointing of the Sick at 8.00 am

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month 11.00 am

We Pray for

Recently Deceased
Donald Francis Tierney

May all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Deceased Anniversary
Joseph Calleia

Prayer for the Sick

Anna Śmigowska
Lily Janosik
Trish Newman
Giannina Amore
Bruce Farr
Maureen Larios
Elaine Boyes
Pauline Chipman
Ron Clarke
Barbara Clarke
Anna Katanec
Mother Pauline
Angela Miller
Philip Khalifeh
Joseph Khalifeh
Heidi Taylor
Cathy Dyer
Jacinta Purnell - Major

BOOK REVIEW

Medjugorje

The Messgae

By: Wayne Weible



You will discover the apparitions of the Blessed Mother along with him, as he chronicles the ways that the Virgin Mary continues to speak to the world today from Medjugorje.

Have a Blessed Good Shepherd Sunday

Liturgy for the Week

12/05 Monday, 4th Week of Easter
Acts 11:1-18; Jn 10:1-10

13/05 Tuesday, 4th Week of Easter
Acts 11:19-26; Jn 10:22-30

14/05 Wednesday, St Matthias
Acts 1:15-17, 20-26; Jn 15:9-17

15/05 Thursday, 4th Week of Easter
Acts 13:13-25; Jn 13:16-20

16/05 Friday, 4th Week of Easter
Acts 13:26-33; Jn 14:1-6

17/05 Saturday, 4th Week of Easter
Acts 13:44-52; Jn 14:7-14

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Parish of
Pittwater

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



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Catholic Primary School
42 Central Road, Avalon 2107
7256 2138 | www.mrabb.catholic.edu.au

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US TODAY!**



LIMITED SPACES AVAILABLE

Salvatorian Seminary Appeal



Our Parish will hold a Special Collection to support Salvatorian Seminarians and their formation this weekend.

Australian Salvatorians currently have 15 seminarians in the Philippines Seminaries, undertaking their studies and formation.

All Seminarians will do their ministry in Australia as priests in the future. By supporting these seminarians, we are ensuring that we will have future priests in our Parish.

The cost of a seminarian's formation per year is \$14,000.

Please pick up an envelope that have been made available for you at both Churches' pews or deposit your support funds direct to the account details shown below.

BSB: 086-006

Account No: 56208 8745

Please indicate "Pittwater Parish"



Thank You in anticipation,
Fr Richard & Fr Zygmunt

Parish Directory

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Fr Zygmunt Smigowski SDS

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ap@pittwaterparish.org

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CCD Catechist Coordinators

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Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534

Sacred Heart Church

1 Keenan Street, Mona Vale

Maria Regina Church

7 Central Road, Avalon

SCHOOLS

Sacred Heart School

Mona Vale

Tel 8197 6900

Principal: Mr Jamie Wahab

Maria Regina School

Avalon

Tel 7256 2138

Principal: Ms Kirsty Thorpe

Mater Maria Catholic College

Warriewood

Tel 7256 2100

Principal: Mr Marc Reicher



24th of May
Feast Day of
*Our Lady,
Help of Christians*

"To know the love of Christ,
which is beyond all
knowledge.

Alleluia, alleluia!

Blessed is the Virgin Mary
who kept the word of God and
pondered it in her heart.

Alleluia!"

Eph 3:14-19



Little Hearts Playgroup

playgroup details

MONDAYS 9.30-11.30 (School Term)

at Sacred Heart Catholic Church Mona Vale

Join us

Join us at our Play Group to connect with other parents and children, enjoy playtime, and make new friends. Stay for a cup of tea or coffee —everyone is welcome

Contact Nikki on 0481009376 for more information




Join us in nurturing the remarkable endeavors in our Sister Parish, Soibada!


Become a Friend of Soibada today - just scan the QR code attached to lend your support to this noble cause. Every offering weaves a brighter future!



“For I was hungry and you gave me food, I was thirsty and you gave me a drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.”

“Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.”


HABEMUS PAPAM!



The newly elected pontiff of the Catholic Church,
Pope Leo XIV

Cardinal Robert Prevost OSA, first-ever American born pope to lead the Church and the first pope from the Augustinian order.

Lord, source of life and truth, give to your shepherd a spirit of courage and right judgment, a spirit of knowledge and love. By governing with fidelity those entrusted to his care, may he, as successor to the Apostle Peter and Vicar of Christ, build your Church into a sacrament of unity, love and peace for all the world. Amen.



Good Shepherd Sunday

Excerpt from Vatican News, Lord's Day Reflection: 'I am the Good Shepherd'
By: Fr Edmund Power OSB


The fourth Sunday of Eastertide is traditionally known as “Good Shepherd Sunday” because in each of the three years of the cycle the gospel is taken from John 10 in which Jesus develops an extended metaphor of the shepherd and the sheep.

As Jesus proclaims: "I am the good shepherd. "The adjective “good” in the Greek text is curious: its original meaning was “beautiful,” and from there it expanded in a personal/moral direction.

Beauty, at whatever level we consider it, attracts us. “You hold out a green twig to a sheep, and you draw it,” says St Augustine. It is the beauty of the Lord that draws the sheep to follow him.

Merciful Father, you gave your Son Jesus Christ to be the Good Shepherd, and in his love for us to lay down his life and rise again: keep us always under his protection, and give us grace to follow in his steps, through the same Jesus Christ our Lord. Amen.

World Day of Prayer for Vocations Good Shepherd Sunday



Let us pray for all those who consecrated themselves to God through the vows of chastity, poverty and obedience, that they may continue to be committed to the Lord in serving him with humble hearts and a willing spirit. Lord in your mercy... hear our prayer.

A warm welcome back to
our former Parish Priest,
the Most Reverend

*Bishop George
Kolodjesj SDS*

Bishop of Bunbury



*It will be a great opportunity for everyone to welcome
Bishop George and celebrate his journey.
There will be coffee and light refreshments
at the Sacred Heart Parish Centre.*

From 4:00 pm to 5:30 pm,
Sacred Heart Parish Centre

He will be presiding a Special Soul Mass,
on Sunday, 11th May at 6 pm
Sacred Heart Church, Mona Vale



Parish Bulletin – Term 2, Week 2

On Thursday, the Marana Complex hosted our Mother's Day Liturgy bringing together Mater Maria mums, carers and their children. This special event saw a record number of mothers in attendance. Students blessed their mothers using the Book of Blessings and presented them with roses, expressing their gratitude and acknowledging the invaluable role mothers play in our families.

On Friday, we celebrated Mater Maria Catholic College's Feast Day ahead of the Solemnity for Our Lady Help of Christians. Students and teachers gathered for Eucharist led by our local Father and Year 12 Prefects. The Mass featured beautiful songs by musicians from Years 11 and 12, followed by various activities at the College and in the surrounding neighbourhood.

This week, our cross-country event took place at Rat Park. The top three students in each year group will participate in the Broken Bay carnival next week.

Pathways and Workshops

- Year 12 Engineering students visited the HARS Aviation Museum.
- Years 10, 11 and 12 attended a Nursing Workshop at Notre Dame University.
- Students interested in mechanics visited Col Crawford's car centre for an introduction to light vehicle mechanic careers.
- Year 11/12 VET Construction students attended the Sydney Build 2025 Conference.
- Year 12 Entertainment students watched MJ the Musical at the Lyric Theatre.
- Year 12 Biology students participated in the AMGEN Biotechnology Incursion.

Year 12 Musicians held a lunchtime concert at the College to perform their showpieces to their peers.

It's been a busy week for sports at Mater Maria. Students participated in daily basketball sessions and various competitions, including the Peninsula Cup Opens Rugby, U14s Soccer, U16s Soccer and Netball competitions, along with the Bill Turner Boys Soccer Competition, and Broken Bay Opens Soccer Gala Day, where our athletes showcased their talents against other schools in the region.

Every Friday, our prefects lead Faith Fridays, inviting all students to join in for faith and music in the Chapel and Courtyard, fostering a sense of community.

Applications are now open for Year 2028 and 2029, with a waitlist for Year 7, 2026 and 2027. Please visit <http://www.matermaria.nsw.edu.au/enrolments> for more details.

Trivia Night



FRIENDS OF SOIBADA @
AV BOWLO

17th of May, 6.30 pm
AVALON BOWLING CLUB

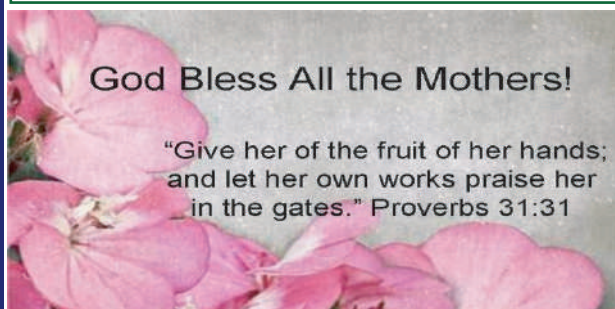
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God Bless All the Mothers!

"Give her of the fruit of her hands;
and let her own works praise her
in the gates." Proverbs 31:31



The *Living* Word

Entrance Antiphon

Psalm 32:5-6

The merciful love of the Lord fills the earth; by the word of the Lord the heavens were made, alleluia.

First Reading

Acts of the Apostles 13:14, 43-52

A reading from the Acts of the Apostles

We are now turning to the gentiles.

Paul and Barnabas carried on from Perga till they reached Antioch in Pisidia. Here they went to synagogue on the sabbath and took their seats.

When the meeting broke up, many Jews and devout converts joined Paul and Barnabas, and in their talks with them Paul and Barnabas urged them to remain faithful to the grace God had given them. The next sabbath almost the whole town assembled to hear the word of God. When they saw the crowds, the Jews, prompted by jealousy, used blasphemies and contradicted everything Paul said.

Then Paul and Barnabas spoke out boldly, 'We had to proclaim the word of God to you first, but since you have rejected it, since you do not think yourselves worthy of eternal life, we must turn to the pagans. For this is what the Lord commanded us to do when he said:

I have made you a light for the nations, so that my salvation may reach the ends of the earth.'

It made the pagans very happy to hear this and they thanked the Lord for his message; all who were destined for eternal life became believers. Thus the word of the Lord spread through the whole countryside.

But the Jews worked upon some of the devout women of the upper classes and the leading men of the city and persuaded them to turn against Paul and Barnabas and expel them from their territory. So they shook the dust from their feet in defiance and went off to Iconium; but the disciples were filled with joy and the Holy Spirit.

The word of the Lord

Responsorial Psalm Ps 99:1-3. 5. R. v.3

(R.) We are his people, the sheep of his flock.

Cry out with joy to the Lord, all the earth. Serve the Lord with gladness. Come before him, singing for joy. **(R.)**

Know that he, the Lord, is God. He made us, we belong to him, we are his people, the sheep of his flock. **(R.)**

Indeed, how good is the Lord, eternal his merciful love. He is faithful from age to age. **(R.)**

Second Reading Revelation 7:9, 14-17

A reading from the book of the Apocalypse

The Lamb who is at the throne will be their shepherd and will lead them to springs of living water.

I, John, saw a huge number, impossible to count, of people from every nation, race, tribe and language; they were standing in front of the throne and in front of the Lamb, dressed in white robes and holding palms in their hands. One of the elders said to me, 'These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eyes.'

The word of the Lord.

Gospel Acclamation

John 10:14

Alleluia, alleluia!

I am the good shepherd, says the Lord; I know my sheep, and mine know me.

Alleluia!

Gospel

John 10:27-30

A reading from the holy Gospel according to John

I give my sheep eternal life.

Jesus said:

'The sheep that belong to me listen to my voice;

I know them and they follow me.

I give them eternal life;

they will never be lost

and no one will ever steal them from me.

The Father who gave them to me is

greater than anyone,

and no one can steal from the Father.

The Father and I are one.'

The word of the Lord.

Communion Antiphon

The Good Shepherd has risen, who laid down his life for his sheep and willingly died for his flock, alleluia.

REFLECTION

by Dianne Bergant

This Sunday is traditionally referred to as Good Shepherd Sunday. However, the readings for today focus more on the flock than on the shepherd. The overarching theme appears to be unity in diversity. Placing this theme within the context of the Easter season, we might refocus it slightly and suggest that today we celebrate the presence of the Risen Lord in communities of difference. Unity in diversity is first found in the divine union of the Trinity. All other models of unity flow from it. Both the

first and the second readings depict communities made up of people from every nation, race, people and tongue, Jews and Gentile alike. This is precisely the makeup of most communities today. Parishes and religious groups that were born with a particular cultural identity have changed in complexion and composition. Despite the obvious differences, all are children of the one God, all are joined in their common confession of faith.

Not everyone is happy with diversity.

Some within the early community resented the success of Paul and Barnabas and they tried to turn the people against them. This sounds strangely familiar to us. Religious groups born out of struggle and hard work, that were lovingly nurtured and that grew strong, often resist what they perceived to be the invasion of foreigners. If these people could only take as their model the company of the blessed revealed in John's vision, they would see that those who have washed their robes in the blood of the Lamb come from every nation and race and people and tongue.

© Dianne Bergant CSA



PARISH MORNING TEA GATHERING

Everyone is welcome to join and get to know each other in our Parish Community.

Every month after the

8 am Mass on the

1st Sunday and

after the 10 am Mass on

the 3rd Sunday at

**SACRED HEART CHURCH,
MONA VALE**

2nd and 4th Sundays

after the 9 am Mass

at the front of

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AVALON**



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At 7pm

Sacred Heart Parish Centre

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For any questions contact

Joe Cilia - 0418 863 814

Shepherd the flock of God among you,
overseeing not under compulsion but
willingly, according to God...

1 Pet. 5:2



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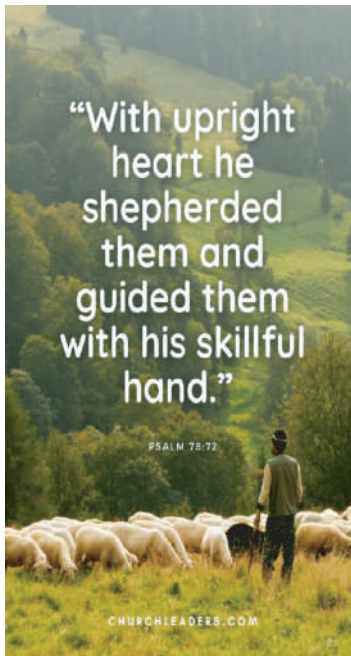
**"Train up a child
in the way
he should go;
even when he is old
he will not
depart from it."**

Proverbs 22:6

**"With upright
heart he
shepherded
them and
guided them
with his skillful
hand."**

PSALM 78:72

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your hearts, with the
enduring quality
of a gentle, peaceful
spirit. This type of
beauty is very precious
in God's eyes."*

1 PETER 3:4

womans day